



EAGER BEAVER FOOTBALL CLUB

PO Box 340084

Beavercreek, Ohio 45434

OFFICIAL COVID-19 FACILITY AND PRACTICE GUIDELINES

These guidelines were made but not limited to guidance from the official order released by Lance Himes, interim Director of the Ohio Department of Health (ODH) under R.C. 3701.13. Any reference of item number, letter, or roman numeral will be a direct match to the same in kind with the order released by the ODH director. The Eager Beaver Football Club, also known as EBFC will adhere to these guidelines set forth to protect the citizens of Greene County, Ohio and beyond.

1. Purpose:

EBFC understands the purpose of this order. We will do our due diligence to prevent the spread and exposure of COVID-19 between our Coaches, Players, Volunteer, Officials, Parents and Community.

2. All Sports are permitted to practice and engage in competition:

EBFC is grateful for the opportunity to continue with our 2020 season. We will do our due diligence to prevent the spread and exposure of COVID-19 between our Coaches, Players, Volunteer, Officials, Parents and Community.

3. Governing Authority Rules.

EBFC and its participants will comply with the health mandates set forth in this order and our local governing authority. If there is conflict between the order and our local authority, we will comply with the most restrictive rule. We will also refer to OHSAA for guidance when available.

4. Social Distance Requirement for Sports:

For purposes of this Order, Social Distancing Requirements include maintaining at least six-foot social distancing from other individuals (including by maintaining six-foot social

distancing for both Sports Participants and spectators and when any individuals are standing in line), washing hands with soap and water for at least 20 seconds as frequently as possible or using hand sanitizer, covering coughs or sneezes (into the sleeve or elbow, not into the hands), regularly cleaning high-touch surfaces, and not shaking hands. Sports must take proactive measures to ensure compliance with Social Distancing Requirements, including:

- A. EBFC will provide signage for 6' social distancing where applicable for our practice facilities.
- B. EBFC will provide sanitizer and have sanitizer stations available for all participants.
- C. EBFC will post online whether the facility is open and submit our plan to our practice facility to be consistent with social distant requirements.

5. Enforcement:

- A. Teams, coaches, school officials, and the sponsoring entity of an event must comply with the requirements of this Order. Each Sports Participant has an obligation to comply with this Order. Additionally, the venue, host, or sponsoring organization or affiliated school for the Sport event, game or match has an affirmative duty to ensure that this Order and all other relevant Director of Health orders are followed by all other Sports Participants. Each host or sponsoring organization shall designate, in writing and prior to a Sport event, a compliance officer whose responsibility it is to ensure that the requirements of this Order are followed. That designated person shall also be the contact person for the local health department, sheriff's department, and any other local law enforcement agency that has jurisdiction over the event, game, or match.

EBFC will supply a compliance officer (Joshua Hensley, EBFC Vice President

6. Safety Requirements for Sports to Practice or Compete:

- A. Players, Coaches, Athletic Trainers, and Officials
 - i. EBFC will conduct daily symptom checks before every practice and will log every participant.
 - ii. EBFC will require any participant, coach, trainer, official, or spectator to stay home if they are experiencing any symptoms. We will use the CDC "self-checker" as a resource for symptom checking.
 - iii. EBFC Coaches will complete the COVID-19 education developed by the ODH. They will also educate their players on how to prevent the spread of COVID-19.

- ix. Congregating will not be permitted before or after practice per the ODH order.
- x. Coaches, Trainers, Volunteers and Officials will wear masks. Except for but not limited to being on the field for practice and under reasons stated by the Director's Order for Facial Coverings throughout the State of Ohio, signed July 23, 2020, or as it may thereafter be amended.

The Order's exceptions include, but are not limited to:

1. The individual is under 10 years of age.
 2. The individual has a medical condition, including respiratory conditions that restrict breathing, mental health conditions, or disabilities that contraindicate the wearing of a facial covering.
 3. The individual is communicating or seeking to communicate with someone who is hearing-impaired or has another disability, where the ability to see the mouth is essential for communication.
 4. The individual is seated and actively consuming food or beverage in a restaurant or bar; or
 5. Facial coverings are prohibited by law or regulation; or
 6. The individual is actively participating in broadcast communications.
- xi. EBFC will review all safety protocols for CPR and AED's.

B. Spectators

- i. Spectators will conduct daily symptom assessments.
- ii. Anyone experiencing symptoms will stay home. See section 6A. part ii for guidance of symptom checking.
- iii. Family members will be together and socially distant from other groups. EBFC is not allowing any spectators on the practice field. Family members will be required to remain in the parking lot for the duration of practice.
- iv. EBFC will also require all families and groups to maintain the 6'0" distance rule.
- v. Spectators will not congregate before or after practice.

- vi. Spectators will wear face coverings at all times except for:

One of the reasons stated in the Director's Order for Facial Coverings throughout the State of Ohio, signed July 23, 2020, or as it may thereafter be amended. The Order's exceptions include, but are not limited to:

1. The individual is under 10 years of age.
2. The individual has a medical condition, including respiratory conditions that restrict breathing, mental health conditions, or disabilities that contraindicate the wearing of a facial covering.
3. The individual is communicating or seeking to communicate with someone who is hearing-impaired or has another disability, where the ability to see the mouth is essential for communication.
4. The individual is seated and actively consuming food or beverage in a restaurant or bar; or 5. Facial coverings are prohibited by law or regulation.
5. The individual is actively participating in broadcast communications.

C. Practices

- i. 6'-0" social distance will be maintained between individuals, except when necessary on the field or court of play.
- ii. Players, coaches, and officials will not physically contact each other before or after practice.
- iii. Time will be limited where players are in close proximity for extended periods of time.
- iv. EBFC will maintain a facility has adequate space for social distancing for all players, coaches, parents and guardians, and spectators.
- v. N/A
- vi. N/A
- vii. EBFC will consider putting players in small groups that remain together for the duration of the practice.
- viii. EBFC will not practice any other opponent within a 24-hour period.

D. Equipment

- i. All equipment will maintain proper separation and will not be shared. Shared equipment if needed will be properly sanitized between each use.
- ii. Water bottles will not be shared.
- iii. Food will not be shared.
- iv. Towels and face coverings will not be shared.
- v. Each Player will have their own personal equipment that will not be shared.

E. Sports facilities

- i. N/A we will have no additional teams practicing with us and their will be no shared equipment.
- ii. N/A
- iii. N/A
- iv. N/A
- v. Good hygiene and etiquette signs will be promoted and provided.
- vi. Hand sanitizer will be made convenient.
- vii. N/A
- viii. N/A
- ix. Players will be spread out on the sidelines to maintain social distancing when they are not on the practice field.

G. Travel

- i. N/A
- ii. N/A
- iii. EBFC will encourage the limited use of carpooling to practice.

H. Suspected and Confirmed Cases

- i. Players, coaches, officials, or other individuals who had close contact (within six feet of an infected individual for at least 15 minutes) or who had direct physical contact with the person (e.g., who were coughed on or sneezed on by the infected person) must self-quarantine for 14 days following exposure. This is based on CDC guidance (See CDC guidance on “Quarantine If You Might Be Sick (Stay Home if You Might Have Been Exposed to COVID-19)” at <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>.) If the identity of all persons in close contact with an infected individual cannot be readily determined or if the coaches, players or their parents/guardians or administration of the team do not effectively cooperate with the local health department contact tracing process, then the local health department may require the entire team, including coaches, to self-quarantine for 14 days following exposure. Individuals may return to play afterward if they have not had any COVID-19 symptoms.

EBFC will comply with this rule.

- ii. Any players, coaches, officials, or other individuals who become ill or develop symptoms must be immediately isolated and seek medical care.
- iii. Contact the local health department will be contacted about suspected COVID-19 cases or exposure.
- iv. The affected person will seek COVID-19 testing as soon as possible. Teams, schools, and clubs should work with parents to ensure they have access to testing through their healthcare providers or direct them to testing options.
- v. Coaches, administrators, parents, and athletes will work with the local health department to identify individuals who were potentially exposed to help facilitate contact tracing. This includes, but is not limited to athletes, coaches, officials, volunteers, parents, and other support personnel.
- vi. EBFC will notify all athletes and parents/guardians associated with the affected team regarding a positive test. Athletes and families must be reminded of proper daily health screening protocols.
- vii. If the affected individual participated in practice, the team will notify all members that played between the date of the positive test and two days prior to the onset of symptoms. If the members reside in different counties, the health departments in each county must be notified to help facilitate effective contact tracing.

- viii. An individual who tests positive for COVID-19, whether symptomatic or asymptomatic, shall not return to EBFC until a documented medical exam is performed clearing the individual prior to the individual returning to participation in practice. The medical exam will specifically include an assessment of the cardiac/ heart risk of high-intensity exercise due to the potential of myocarditis occurring in COVID-19 patients.
- ix. Players, coaches, officials, and school administrations will work with the local health department to identify potentially infected or exposed individuals to help facilitate effective exposure notification.
- x. N/A
- xi. Following testing, EBFC will contact local health departments to initiate appropriate care and exposure notification.
- xii. When a player, coach, or athletic trainer tests positive for COVID-19, team members who are not close contacts requiring self-quarantine as determined by the local health department, should conduct (1) daily symptoms assessments and stay home if sick, and (2) an in-person temperature check before the start of each practice and game for 14 days as a precaution.

7. Limitation on Spectators at Sports Venues:

At this time EBFC will only be practicing and not competing in games, we are requiring all parents to stay in their vehicles during practice. We will dismiss each team one at a time to their parents. There will be no entrance or exit since we are in an open field. We will maintain the proper social distancing requirements going to and from practice.

8. Variance:

A variance for EBFC will not be required at this time.

9. At-risk parents, grandparents, siblings, and others who are vulnerable as a result of illness should take additional precautions:

The parents, grandparents, siblings, and other loved ones of athletes, coaches, and volunteers who are at high risk of severe illness from COVID-19, including elderly people and those who are immunocompromised, are urged to stay home to the extent possible except as necessary to seek medical care. According to CDC, the risk of severe illness from COVID-19 increases as people grow older and those at high-risk for severe illness from COVID-19 also include people of all ages with underlying medical conditions, particularly if not well controlled including:

- A. People with chronic lung disease or moderate to severe asthma.
- B. People who have serious heart conditions.
- C. People who are immunocompromised.
- D. People with severe obesity (body mass index [BMI] of 30 or higher).
- E. People with diabetes.
- F. People with chronic kidney disease undergoing dialysis.
- G. People with liver disease; and
- H. Women who are pregnant.

In conclusion EBFC and its Board of Directors will implement these rules in accordance to ODH interim director Lance Himes Order, for the overall safety and health of our athletes and our community.

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2020 EBFC Vice President
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